



SAPC's Blessing Box

Blessing boxes are outdoor cabinets that allow any member of the community to pick up non-perishable food and toiletry items they may need, with no obligation or registration. The idea of a Blessing Box is:

***Leave what you can,
take what you need.***

However, because this box is kept outdoors and is subject to temperature changes and weather, not all foods and items are recommended to donate. Please refer to the list below for recommended items throughout the year.



Year-Round Items:

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|---|--|---|
| Pancake mix | Kitchen staples
<i>(flour, sugar, spices, etc.)</i> | Personal hygiene items
<i>(Feminine care products, shampoo, soap, etc.)</i> |
| Rice or pasta | Shelf-stable milk | Laundry supplies |
| One-box meals | Instant oatmeal/grits | Toilet paper/paper towels |
| Dried fruits and nuts | Condiments | Tissues |
| Crackers | <i>(Honey, ketchup, etc.)</i> | Baby supplies
<i>(Diaper cream, diapers, wipes, lotion, bath supplies, etc.)</i> |
| Granola bars | Can openers | |
| Baby food <i>(not glass)</i> | Small kitchen utensils
<i>(spatulas, measuring, etc.)</i> | |
| Individually packed foods
<i>(fruit cups, snack mix, etc.)</i> | | |



Spring and Fall items: *(35°F - 85°F, not during extreme temperatures)*

- Metal canned items (meats, veggies, fruits, soups, etc.)
- Nut butters
- Drinks (protein shakes, etc.)



Please Avoid:

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|--|-------------------------|
| Glass items | Used or opened items |
| Sharps (razors, etc.) | Repackaged items |
| Damaged/expired items | Clothing |
| Age-restricted items
<i>(alcohol, etc.)</i> | Medicines |
| | Harsh cleaning supplies |

If the box is full, please leave your donation in the church office. Please do not leave items on the ground.